

# ARC ALUMNI NEWSLETTER AUGUST 2018

The ARC Alumni (Est. February 2015) was created to help each other stay clean and sober through group activities, fundraising events, residential/post residential assistance, introductions to 12 step programs and general support for our Brothers and Sisters!

## UPCOMING EVENTS

### ARC Alumni Community Carwash

August 4<sup>th</sup> 11 AM – 2 PM  
16 S. Peach Street

Donations are accepted. All Proceeds benefit ARC clients with recovery efforts, events, housing and more. Come on down and get your car washed for a good cause!



## GET CONNECTED

If you would like to see the Alumni continue to put on events and fundraisers we need your help! Please attend our monthly business meeting for more information. We meet at residential (16 S. Peach St.) the second Tuesday of each month at 6 PM.



You can join the ARC Alumni Group on Facebook for alumni news and opportunities.

Annual Recovery  
**POTLUCK**  
**SATURDAY- AUG. 25TH**  
**HOLMES PARK**  
"Families welcome!" 264 MODOC AVE. MEDFORD  
11:00 "START"  
11:30 BBQ HOT DOGS/EAT  
12:30 AA & NA SPEAKERS  
SHAWNA S. & CURTIS Z.  
From Portland  
**BRING A SIDE TO SHARE & A CHAIR**  
**HOT DOGS** Provided  
Vote for Alumni of the Year  
Sponsored by ARC Alumni

### Community Night/Ice Cream Social

August 26<sup>th</sup> 7-8 PM  
16 S. Peach Street

All Alumni are welcome to join us! Come get to know ARC clients over ice cream, outdoor games and fellowship!

## DONATIONS REQUESTED

Inpatient is kindly requesting donations of female undergarments and hygiene items such as shampoo, conditioner, body wash/soap, lotion, razors and deodorant. If you are interested in donating or have any questions, please contact Ralph T. @ 541-621-3429.

*Anything helps, and we thank you for your support!*

# AUGUST

# 2018



\*\* Sobriety Birthdays are listed by name and year.

**Happy Birthday to you!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01	02	03	04 ARC Alumni Carwash 11 AM 16 S. Peach St.  *Ty G. 2016*
06  *Lynna D. 2006*	05	07	08  *Jenny H. 2015* *Sue G. 2014*	09  *Jay S. 2015*	10	11  All Steppers 12-Step Women's Campout @ Howard Prairie Lake
12  12-Step Campout	13  *Kathi P. 2017*	14 <b>ARC Alumni Business Meeting 6 PM 16 S. Peach St.</b>	15	16	17  *Julie E. 2017*	18 PCRCNA Spiritual Bingo Fundraiser 5 -9 PM Talent Community Center  D.O.T.R Campout, Camp Apserkaha @ Howard Prairie Lake
19  D.O.T.R Campout	20	21	22  *Craig Z. 2017*	23	24	25  Recovery BBQ 11 AM – 2 PM Holmes Park
26  Ice Cream Social 7 - 8 PM 16 S. Peach St.  *Dave W. 2016*	27	28  *Sara B. 2017* (18 months)	29  *Andrew M. 2009*	30	31  International Overdose Awareness Day Pear Blossom Park 4 – 8 PM Training, information, free naloxone, speakers & live music	